

NEWSBLAST  
NAYGJ.VERMONT

**COACHES:**

**WATCH FOR THE FOLLOWING TECHNICAL CHANGES/  
DEDUCTIONS WHEN WORKING YOUR ROUTINES**

- 1. .3 DEDUCTION FOR FEET BRUSHING THE MAT OR FEET /FOOT REMAINING ON THE BOARD AFTER MOUNT**
- 2. 1-5 MOUNT MAT MAY BE PLACED ON 8 INCH SKILL CUSHION / A BOARD MAY NEVER BE PLACED ON A 8 INCH SKILL CUSHION**
- 3. READ CAREFULLY THE RULES FOR LEVEL 8 VAULTIN**

**IF YOU DOWNLOAD ALL THE NEW VAULTING SHEETS ON THE USA WEBSITE YOU WILL SEE ALL THE UPDATED CHANGES AND DESCRIPTIONS OF BALKS ETC.**

**TALKING WITH JILL, SHE SUGGESTED THE JUDGES ANNOUNCE THE SCORE OF THE FIRST VAULT FOR LEVEL 8. IT IS IMPORTANT THAT THE COACHES COMMUNICATE WITH BOTH THE JUDGES AND GYMNAST IF A SECOND VAULT IS NECESSARY.**

**JUDGES:**

**THE FOLLOWING JUDGES HAVE RETURNED DOCUMENTS TO ME:**

<b>USA CARD</b>	<b>AVAILABILITY</b>	<b>CONTRACT</b>
<b>KATHY F</b>		
<b>RUTH</b>	<b>RUTH</b>	<b>RUTH</b>
<b>ALLISON</b>	<b>ALLISON</b>	<b>ALLISON</b>
<b>MARLA</b>	<b>MARLA</b>	<b>MARLA</b>
<b>KEN</b>	<b>KEN</b>	<b>KEN</b>
<b>CAROLYN</b>	<b>CAROLYN</b>	<b>CAROLYN</b>
<b>KIM</b>	<b>KIM</b>	<b>KIM</b>
<b>KARA</b>	<b>KARA</b>	<b>KARA</b>
<b>KORI</b>	<b>KORI</b>	<b>KORI</b>
<b>BETH</b>	<b>BETH (SOME)</b>	<b>BETH</b>
<b>MARYLOU</b>	<b>MARYLOU</b>	<b>MARYLOU</b>

<b>USA CARD</b>	<b>AVAILABILTY</b>	<b>CONTRACT</b>
<b>DONNA</b>		
<b>SUE</b>		
<b>GAIL</b>	<b>GAIL</b>	<b>GAIL</b>
<b>DIANNA</b>		
<b>CAROL B</b>		
<b>VIRGINIA</b>		
	<b>MICHELLE B</b>	

**IF YOU HAVE NOT EMAILED OR SNAIL MAILED TO ME, DO SO ASAP, I KNOW SOME OF YOU ARE WAITING ON MEETS YOU HAVE ALREADY PUT AVAILABILTY TO.**

**THE CONTRACT CAN BE DOWNLOADED FOR USA GYMNASTICS UNDER FORMS AND YOU CAN EITHER FILL IT OUT AND MAIL OR FILL IT OUT ONLINE AND EMAIL TO ME.**

**THERE ARE TWO ADDED DATES:  
NOV. 14<sup>TH</sup> IN HOUSE @ LeSTUDIO  
DEC. 6<sup>TH</sup> CANDYLAND @LeSTUDIO**

**IF YOU DID NOT GET THE DATES FROM THE PREVIOUS EMAIL FOR MEETS, HERE THEY ARE**

**11 – 14 IN HOUSE @ LeSTUDIO (5 JUDGES)**

**11- 21/22 HARVEST @ NORTHERN LIGHTS**

**12-6 CANDYLAND @ LeSTUDIO**

**12-15 SECTIONAL @ KINGDOM IN ST. JOHNSBURY**

**1- 9/10 REGAL ROYAL IN ESSEX 2 REGAL**

**1-24 SNOWFLAKE @ SUNRISE IN BARRE**

**2-7 SECTIONAL LeSTUDIO**

**2-13 / 14 I LOVE VERMONT CHAMPLAIN VALLEY/ SOUTH BURLINGTON**

**3-4-6 HIP HOP BRATTLEBORO WOODMAN ATHLETICS**

**3-19/20 GREEN MT. JUDGES CUP**

**4/2-3 STATES**

**I HAVE RECEIVED ASSIGNMENT FEES FROM LeSTUDIO AND WOODMAN ATHLETICS. ONCE I RECEIVE THE FEE , I WILL ASSIGN THE MEET.**

**JUDGES: PLEASE GET THE REQUIRED FORMS TO ME ASAP  
CLUBS: DOWNLOAD UPDATED RULES AND SEND ON THE ASSIGNMENT FEES**

**SNAIL MAIL ADDRESS:  
GAIL MCGANN  
PO BOX 631  
BOMOSEEN, VT. 05732**

**SPECIAL THANKS TO RUTH FOR HOSTING OUR STATE CLINIC.  
GOOD LUCK WITH THE WEDDING.**

**HAPPY JUDGING AND COACHING:  
GAIL**