

September 2008
Vermont gymnastics Update

State Meeting for USAG Vermont was held Sunday, September 14th at Northern Lights Gymnastics. This news update will cover some of the material presented.

The meets will be listed on the last page so you can easily copy and paste your availability back to me.

Prep Opt: The rules we will use for Prep opt will be the Mass. Rules. I had copied last years rules however, each of you can go online to the USAG Mass website and get a copy of the rules. I will also get copies and hand them out as I see each of you.

We went over the Prep Opt composition, hand outs went out at the state NAWGJ clinic. If you need a copy, let me know.

CONTRACTS: Contracts will be sent out electronically. (Kim will receive snail mail) It is important to list all the information requested on the contract, especially your phone numbers so Meet Directors can make contact if necessary. When you receive your contract, email a copy to me (Gail) and the Meet Director immediately. Please do not forget to keep copy for yourself.

Some meets will be listed TBA for times, some of our sectionals are close to the last qualifier so information will not be available until a few days prior to the meet. (due to waiting for the entries) I hope you will be patient.

MEETS: Meet Directors, please get your meet information with the check for \$3 per judge requested as quickly as possible. I have your tentative schedules up in the newsletter, however, judges need to know how long to hold a weekend. I like to contract them all by mid October. Make checks out to NAWGJ-Vermont and mail to: Gail McGann PO Box 631, Bomoseen, Vermont 05732.

Coaches/Meet Directors: Please make sure you follow Rules and Policies for your meet set ups. Refer to pages 37-42 for this information. Judges, you make want to mark these pages for quick reference. If you do not have your new Rules and Policies, you may go online to request a book to be sent (this may take a few weeks) or you can download it immediately. Downloading it allows you to three ring punch it and keep it right in with your code of points.

Just a note on warm-ups: depending on format, if warming up and competing or similar, then number of gymnast competing is what is counted for time. If you have scratched a gymnast from the meet or the event, you do not include that for extra time.

CAR POOLS: Judges have been instructed to car pool to help meet directors keep expenses down. This has never been a problem in Vermont. Everyone is very good at trying to accommodate to car pool. I also suggested that some meets that may be a greater distance to do the math. It may be more reasonable to rent a car and prepay the gas than to take the roundtrip mileage. We will try to do the best we can to assist meet directors with mileage.

NATIONAL JUDGES CUP: *This will be held in Kissimmee, Florida, the weekend of Jan 2nd -4th. Vermont will be sending a judge this year, it can be for any level and you can volunteer for the other sessions. You must have a NAWGJ uniform so please let me know if you can and would like to be our judge for this meet. Flight, hotels and meals are taken care of, the judging is voluntary for NAWGJ. Level 3-10 and Prep Op and AAU.*

GREEN MOUNTAIN INVITATIONAL: This is the combined USA Vermont and NAWGJ Vermont fundraiser. This meet will be held January 17th and 18th (MLK weekend) at St. Michael's College in Winooski. This is a mandatory participation meet for all judges on a volunteer basis. Please hold the weekend. Thanks.

The theme this year is "In the Jungle" so we can have lots of fun with that theme. Again, we will all provide pot luck for coaches and judges hospitality. We may try to organize that better.

FUND RAISING: As we know this will be a re-testing year so to help cover judges expenses with new books, testing etc. we will do additional fund raisers. Kathy St. Pierre at Le Studio in Bellows Falls has offered to host a meet and the proceeds will go to NAWGJ. Ken Newton (Welcome back Ken!!!) has jumped on board with a great fund raising idea of a calendar. If any one would like to assist Ken, please let him know.

STATE USA MEET: The State Club meet for all levels will be held the weekend of March 28th and 29th. The location will be at Windsor High School.

JUDGES LIST: It was requested by coaches to have all the addresses and other information on the judges in case they need to contact one for a variety of reasons. Sometimes people may forget their phone on a contract but more likely, coaches may want to contact a judge about coming into their gyms. Since Inquiries at meets really do not give the amount of feedback a coach would like to receive, we always encourage coaches to invite judges into their gyms. This helps everyone prior to the competitive season.

Kara Bissonnette (10) Jobi Dan'sy (5/6) Kim Dunkley(9)
27 Audet St. PO 53 2252 Ames Hill Rd. 372 Clay Hill
Winooski, Vermont 05404 Marlboro, Vt. 05344 Johnson, Vt. 05656
802-598-9768 802-258-4680 802-635-2418
kara.bissonnette@gmail.com jdansy@hotmail.com call for email

Ashley Godin (7/8) Nancy Hunter Rogers (9) Kathryn Krug
42 Pearl St. 50 Sunnyview Dr. 6 Maplelawn Dr.
Essex Jct., Vt. 05452 Jericho, Vt. 05465 Essex Jct., Vt. 05452
802-734-7636 802-872-5924 802-878-1105
ashley.godin@mymail.com Sbgymnastics5@aol.com kkrug@uvm.edu
Champlain.edu

Rebecca Lee (7/8) Jenna Lorenzini (7/8) Gail McGann (N)
25 Hagan Dr. 27 South Hill Dr. PO Box 631
Essex Jct., Vt. 05452 Essex Jct., Vt. 05452 Bomoseen, Vt. 05732
802-878-1996 802-878-7552 8002-273-3627
becca0724@aol.com in Florida at School gymjudge1@juno.com

Ruth Dunkley McGowan(9) Ken Newton MaryLou Smith (N)
22 Ayers Dr. PO Box 781 21 Adams St.
Jericho, Vt. 05465 Milton, Vt. 05468 Westminster, Vt. 05158-9706
802-899-3479 802-343-9211 802-463-9387
dunkleystgymcamp@aol.com ken@twinstatvt.com gmtchr@yahoo.com

Patty Turley (10) Jennifer Whitten (9) Amanda Williams (7/8)
48 Towne Hill Rd. 61 Grove St. 62 Lower Sunnybrook
Montpelier, Vt. 05602-9734 Essex Jct., Vt. 05451 Middlesex, Vt. 05602
pturley@zclpc.com jsc.whitten@gmail.com gymcoachvt@gmail.com
802-223-5488 out of state 802-225-5939

Alicia McCurley (10)
longhangkip@yahoo.com
184 Woodbury Rd.
Burlington, Vt. 05408
399-2767 or 598-8028
399-2768

There are other Vermont judges however, their CPE is not Active and some are not USA members. There are some NY Judges who also help out:

Allison McIntyre Laura Winsor-Irwin Jody Frechette
75 Birch Meadows Est 7 Felton Rd. 31 North Bend St.
Saratoga, NY 12866 Peru, NY 12972 Peru, NY 12972
518-587-2315 518-643-6813 518-643-8750
alikina04@yahoo.com lirwin728@charter.net frechette28@verizon.net

From NH is Pat Faulkner pefaulk@verizon.net she is Lebanon

MEETS

Please email back your availability for the following meets:

November 16 th	Harvest Classic	Northern Lights _____
December 14 th	Sectional	Northern Lights _____
January 17 th / 18 th	Green Mt. Invite	St. Michael's College _____
January 24 th /25 th	Rock n Roll	LeStudio (Bellows Falls) _____
February 1 st	Royal Invitational	Hruska's _____
February 8 th	Sectional	Green Mt or Northstars _____
February 14 th	I Love Vt. (following HS states)	Champlain Valley _____
March 7 th /8 th	Hip Hop Invite	Woodman's (Brattleboro) _____
March 15 th	Sectionals	LeStudio (Bellows Falls) _____
March 28 th -29 th	USA Vt States	Windsor, Vt _____

Email your availability as soon as possible.

CLOSING REMARKS: I WOULD LIKE TO THANK ALL YOU SENT CARDS AND LETTERS AND EMAILS AND TO USA VERMONT FOR THE BEAUTIFUL FLOWERS AT THE TIME OF MY FATHER'S PASSING THIS PAST WEEK. I AM SO BLESSED TO HAVE SUCH WONDERFUL AND CARING FRIENDS. I APPRECIATE THE SUPPORT.

Also, some had asked about Shelby's email and forgot her to take her handouts: It is vermontdancer22@comcast.net.

Please return your availability as soon as possible and meet directors, you can get the request for judge form from the Vermontgymnastics website.

***USA SERVICE AWARD FOR VT: JILL VANDERPOT
USA COACH AWARD FOR VT.: STANO MIKULAS***

NAWGJ NATIONAL NETTIE AWARD FOR BEST WEBSITE WAS AWARDED TO VERMONT IN JUNE. I WILL PRESENT THIS AWARD TO STANO ALSO, OUR WEBMASTER. IT WAS DISPLAYED AT THE STATE NAWGJ AND STATE USA BOARD MEETINGS.

***THANKS,
GAIL***